



# Vision Insights

## Optometry Newsletter

December 2025, January 2026



**SCHOOL OF ALLIED HEALTH SERVICES**  
Swami Vivekananda University

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## About Department of Optometry

The School of Allied Health Sciences at Swami Vivekananda University offers a range of undergraduate and postgraduate programs, including Medical Laboratory Technology, Medical Radiology & Imaging Technology, Physiotherapy, and Optometry. It also has a strong focus on hands-on training through advanced laboratories and a curriculum designed to prepare students for high-demand careers in the healthcare industry.

## December POSH Awareness & Women Safety Programme

On 10th December 2025, a POSH (Prevention of Sexual Harassment) Awareness and Women Safety Programme was successfully conducted at NND 309A from 11:00 AM onwards. The session was organized with the objective of spreading awareness about workplace safety, gender sensitivity, and the rights and responsibilities of individuals in maintaining a respectful and secure environment.

The programme focused on educating participants about the POSH Act, its significance, and the mechanisms available to prevent and address harassment in educational institutions and workplaces. The session highlighted the importance of creating a culture of dignity, equality, and mutual respect, particularly for women.

During the programme, the speakers discussed:

- > The legal framework of the POSH Act and its key provisions
- > The role of the Internal Complaints Committee (ICC) in addressing grievances
- > The importance of awareness, reporting mechanisms, and support systems
- > Practical guidance on how students and staff can contribute to a safe and inclusive campus environment

Participants actively engaged in the discussion,

raising questions and sharing perspectives related to safety, respect, and responsible conduct. The interactive nature of the session helped in clarifying misconceptions and encouraged open dialogue on sensitive issues.

The event concluded with a collective message emphasizing that ensuring safety and respect for women is a shared responsibility, and awareness is the first step toward building a secure and supportive academic community.

The programme served as an important initiative in reinforcing the institution's commitment to gender equality, safety, and a harassment-free environment for all members of the campus community.



## January

### 1) Free Eye Check-Up Camp

A Free Eye Check-Up Camp was successfully organized on 2nd and 3rd January 2026 at Hariprasad Shastri School, Shyamnagar. The camp was conducted with the aim of promoting eye health awareness and providing basic vision screening services to the local community.

The initiative focused on identifying common vision problems and encouraging people to take timely steps for maintaining good eye health. Through this camp, participants were given the opportunity to undergo preliminary eye examinations and receive guidance regarding proper eye care.

During the two-day camp, the following services were provided:

- > Basic vision screening and eye examination
- > Identification of refractive errors and common eye conditions
- > Consultation and guidance on maintaining healthy eyesight
- > Awareness about the importance of regular eye check-ups and preventive care

A large number of students, teachers, and local residents participated in the camp and benefited from the services. The team also interacted with the participants to spread awareness about eye hygiene, proper use of spectacles, and early detection of vision problems.

The camp concluded successfully with a positive response from the community. Such initiatives play an important role in spreading awareness about eye health and ensuring early detection of vision-related issues, thereby contributing to better overall well-being



### 2) Free Eye Check-Up Camp

A Free Eye Check-Up Camp was organized on 17th January 2026 at Birati Childcare Foundation with the objective of promoting awareness about eye health and providing basic vision screening services to the community.

The camp aimed to help individuals understand the importance of regular eye examinations and early detection of vision-related problems. Through this initiative, participants received preliminary eye check-ups and guidance on maintaining healthy eyesight.

During the camp, several essential services were provided, including:

- > Basic vision screening and eye examinations
- > Identification of refractive errors and common eye conditions
- > Consultation and advice regarding eye care and visual health
- > Awareness about preventive eye care and the importance of regular check-ups

Many participants from the local community attended the camp and benefited from the services. The team also interacted with the attendees to spread awareness about eye hygiene, proper use of spectacles, and maintaining good visual habits.

The camp concluded successfully with active participation and positive feedback from the community. Such outreach programmes play an important role in encouraging early diagnosis of eye problems and promoting better eye health awareness among people.



### 3) International Conference on Vision Diagnostic Imaging and Rehabilitation Sciences

The International Conference on Vision Diagnostic Imaging and Rehabilitation Sciences was successfully organized on 19th and 20th January 2026, bringing together eminent academicians, clinicians, researchers, and students to discuss the latest advancements in

vision science, diagnostic imaging, and rehabilitation practices. The two-day conference served as an important academic platform for sharing research insights, clinical experiences, and innovative approaches that contribute to improved diagnosis and management of visual disorders.

The conference witnessed the presence of several distinguished guests and experts from the fields of optometry, research, and higher education. Among the notable speakers and guests were Mr. Ram Gourab Adhikari, Senior Optometrist and Academic In-charge at Netralayam, who shared his professional insights on the importance of advanced diagnostic techniques in modern optometry practice. Mr. Mantu Akon, Director of Nayan Disha Eye Foundation, addressed the audience on community eye care initiatives and the growing need for accessible vision care services in society.

The academic sessions were further enriched by the presence of Mr. Aritra Bhattacharya, Assistant Professor, and Mr. Subrata Pramanik, Assistant Professor, who contributed to the discussions on research developments and the role of education in strengthening the field of vision science. Mr. Shivam Angiras also attended the conference as a distinguished guest and interacted with participants on emerging trends and opportunities in vision-related research and clinical practice.

Another prominent guest, Dr. Arindam Seth, shared valuable perspectives on advancements in ophthalmic diagnostic methods and the integration of modern technology in clinical practice. The conference also welcomed Mr. Pablo Chandra, Teacher-in-Charge (TIC) at Adamas University, who highlighted the importance of interdisciplinary collaboration and research-driven learning in higher education institutions.

Adding a strong research perspective to the conference, Mr. Soumil Dey, Research Scientist, presented insights into current developments in diagnostic imaging technologies and their impact on vision rehabilitation and clinical decision-making. His session emphasized the growing role of research and innovation in improving diagnostic accuracy and treatment outcomes.

Throughout the two days, the conference included technical sessions, keynote talks, research presentations, and interactive discussions focusing on important themes such as advancements in diagnostic imaging, vision rehabilitation strategies, community eye care, and emerging research trends in optometry and vision science. Participants actively engaged in academic discussions, exchanged ideas with experts, and explored new possibilities for collaboration and research.

Students, researchers, and faculty members benefited greatly from the conference as it provided an opportunity to learn from experienced professionals and gain deeper insights into the evolving landscape of vision diagnostics and rehabilitation sciences.

The conference concluded successfully with enthusiastic participation from delegates and speakers. The event highlighted the importance of continuous research, academic

collaboration, and technological innovation in advancing the field of vision science and improving eye care services for society.

